

the generation of DSBs to chromosome rearrangements in permissive cells, and hence to oncogenic progression [6,7]. The molecular characterization of such alternative DNA repair pathways should be an important goal of future research.

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## RNA interference: a promising approach to antiviral therapy?

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**RNA interference (RNAi) has developed into a powerful tool for probing gene function. Recently, several reports have demonstrated the use of RNAi for attenuation of viral infection and replication in cultured cells. Furthermore, RNAi has been shown to suppress gene expression in adult animals. Although these results suggest that RNAi might become a novel therapeutic approach, significant hurdles must still be overcome before RNAi can be exploited in the fight against human disease.**

The phenomenon of RNA interference (RNAi) was first described by Fire *et al.* approximately four years ago [1]. They observed that the response to double-stranded RNA (dsRNA) in the nematode, *Caenorhabditis elegans*, resulted in potent sequence-specific gene silencing at the post-transcriptional level. The RNAi pathway has since been recognized as a conserved biological module, and numerous experimental models have contributed to the understanding of it.

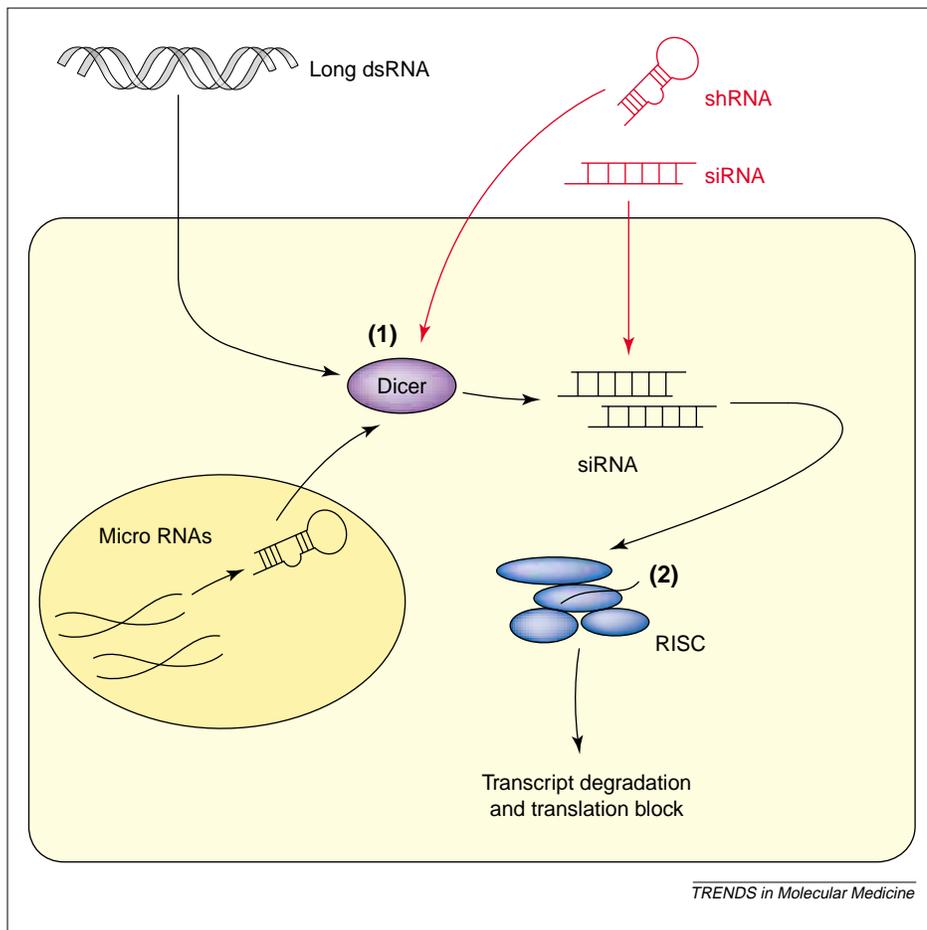
Mechanistically, RNAi is a two-step process (Fig. 1). In the first step, the dsRNA that triggers the silencing response is cleaved into small interfering RNAs (siRNAs) [2,3] of 21–23 nucleotides. This is accomplished by Dicer, an RNase-III-family nuclease [4]. In the second step, siRNAs are incorporated into a targeting complex, known as RISC (RNA-induced silencing complex), which destroys mRNAs that are homologous to the integral siRNA [3]. The net result is a suppression of gene expression.

#### RNAi as an RNA-based cellular 'immune system'

The complete spectrum of biological processes in which the RNAi machinery acts is far from clear. However, both biochemical and genetic studies have shown that RNAi is an important means of combating viral infection in plants (reviewed in [5]). Single-stranded-RNA viruses produce dsRNA as a replication intermediate. Exploiting this 'endogenous' dsRNA trigger, the plant cell uses RNAi to target viral genomic RNAs, breaking

the replication cycle of the virus and preventing its systemic spread. Interestingly, plant viruses have evolved mechanisms to suppress the RNAi response, in much the same way that many animal viruses have developed methods to suppress antiviral immune responses. Many plant viruses express specific proteins that interfere with the RNAi machinery. Although these viral inhibitors of gene silencing are normally essential for pathogenesis, they become dispensable in plants with genetic lesions in RNAi pathways (reviewed in [5]). This phenomenon has recently been observed in an animal system; flock-house virus, an insect virus of the nodavirus family, contains a virulence determinant – similar to those found in some plant viruses – that is not required in *Drosophila* cells in which the RNAi response has been attenuated [6]. Furthermore, some elements of RNAi pathways are required for suppressing the movement of transposons in *C. elegans* [7,8].

It has been suggested that the RNAi response might be an evolutionarily conserved mechanism for combating



**Fig. 1.** The RNA interference (RNAi) pathway. RNAi is a two-step process that results in the degradation of targeted mRNAs. In stage (1), exogenous double-stranded RNA >21–23 bp (dsRNA) is cleaved into small interfering RNAs (siRNAs) by Dicer. In stage (2), siRNAs are incorporated into an RNA-induced silencing complex (RISC), which destroys mRNAs that are homologous to the integral siRNA. Short hairpin RNAs (shRNAs) transcribed *in vivo* from expression constructs or chemically synthesized siRNAs (both red) can be used to artificially stimulate this pathway.

viruses or parasitic endogenous genetic elements. However, mammals, with their adaptive immune systems, have clearly evolved alternative, or perhaps additional, defense mechanisms. Nevertheless, it is clear that RNAi pathways, which are conserved in mammalian cells, might be exploited therapeutically as an antiviral defense to augment the adaptive immune system. However, the use of RNAi as an experimental or therapeutic tool in mammalian systems was initially problematic owing, ironically, to the presence of an endogenous antiviral response. In most mammalian somatic cells, dsRNA of >30 bp activates a set of pathways that ultimately induce cell death. These mechanisms are enhanced by the presence of interferons, but even in the absence of these immune modulators, dsRNA activates Protein Kinase R (PKR) and RNase L pathways, leading to a generalized suppression of gene expression followed by apoptosis.

#### RNAi in mammalian cells

Recently, two approaches have been developed that avoid nonspecific dsRNA responses and that permit the exploitation of RNAi for sequence-specific silencing in mammalian somatic cells. The first is the use of synthetically produced siRNAs of 21 bp in length that are essentially chemically synthesized mimics of Dicer cleavage products (Fig. 1). These small RNAs have been shown to induce sequence-specific gene silencing when transiently transfected into mammalian cells [9], and they have become a powerful experimental tool for probing gene function. A second strategy uses expression constructs harboring a 19–29 bp inverted repeat that forms a short hairpin (shRNA) when transcribed *in vivo*. It reproduces the secondary structure of endogenous interfering RNAs (micro RNAs) [10,11]. The use of shRNAs extends the utility of RNAi in mammalian cells because hairpin RNAs can be expressed stably from integrated vectors.

Because effective silencing can now be achieved using 'classical' DNA expression vectors, it should be possible to adapt RNAi to adult mammals by its incorporation into established gene-therapy vehicles. Retroviral delivery of shRNA expression constructs into mammalian cells has been achieved [12], and several investigators are currently evaluating the efficacy of adenoviral transduction. Induction of RNAi following hydrodynamic transfection of shRNA expression vectors or siRNA into the liver and other somatic tissues has been reported [13,14].

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#### RNAi as an antiviral therapy

Following the discovery that RNAi pathways exist in mammalian cells, it has been proposed that this biological response might be exploited for therapeutic purposes. Partly because of the natural role of RNAi as an antiviral defense in plants, pathogenic human viruses were deemed a good starting point for evaluating the therapeutic potential of RNAi. Recently, several groups have explored the use of RNAi to limit infection by viruses in cultured cells, initially focusing on HIV [15–17] and poliovirus [18]. Several different strategies were used, and all the studies yielded encouraging results.

For example, Jacque *et al.* directed siRNAs against several regions of the HIV-1 genome, including the viral long terminal repeat (LTR) and the accessory genes, *vif* and *nef* [15]. Using Magi cells (CD4-positive HeLa cells) as a model system, they demonstrated a sequence-specific reduction of >95% in viral infection after cotransfection of siRNAs with an HIV-1 proviral DNA (Fig. 2). When the same assay was done in primary peripheral blood lymphocytes, which are natural targets for HIV-1, the frequency of infected cells was also substantially reduced.

In this study, transfection of cells with the infectious HIV-1 DNA clone reproduced late events in the viral life cycle. One potential concern was that retroviral genomes, tightly associated with nucleocapsid proteins, might be resistant to siRNA-induced destruction. However,

Jacque and colleagues reported that 1 h after infection, genomic viral RNA was undetectable in cells previously transfected with homologous siRNAs, and that the synthesis of viral cDNA intermediates was greatly inhibited [15]. The authors also examined whether shRNAs directed against *vif* produced inhibition similar to that seen with siRNAs. Cotransfection experiments in Magi cells revealed a suppression of ~95%. Similar results were obtained by Novina and colleagues in experiments targeting the HIV *gag* gene [17].

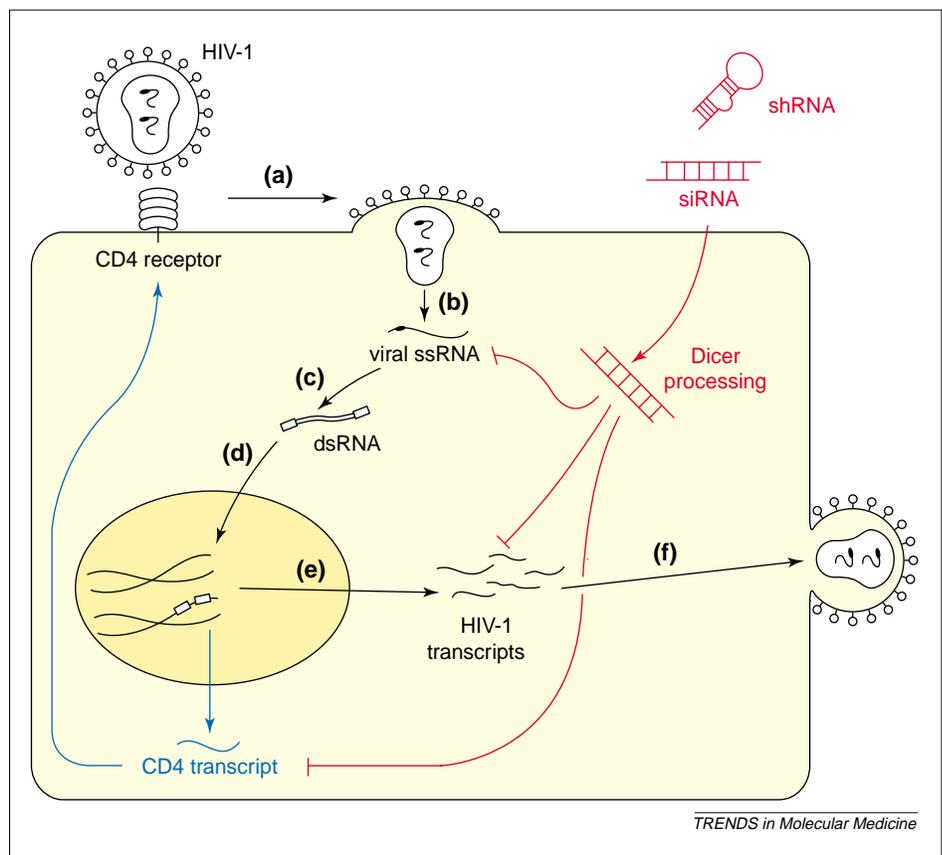
In a separate study, Lee *et al.* used a construct that produced an *in-vivo*-transcribed siRNA targeting the HIV-1 nonstructural protein, *rev* [16]. They showed that cotransfection of HIV-1 proviral DNA with this construct in 293 cells reduced the level of viral antigen in viral supernatants by four orders of magnitude, with a corresponding loss of viral integration.

Additional support for the potential of RNAi as an antiviral therapy has come from studies of other pathogenic viruses. For example, Gitlin *et al.* attenuated infection by poliovirus after transfection with siRNAs that targeted either a capsid-protein mRNA or the viral polymerase mRNA [18]. They also showed that mutation of the viral genome within the sequence targeted by siRNAs led to the production of a resistant variant. Similarly, RNAi has been used to attenuate infection by Rous Sarcoma Virus in chick embryos [19], and sequences within the Hepatitis-C virus have been successfully targeted in living mice when present as a fusion with a reporter construct [13].

**'...several groups have explored the use of RNAi to limit infection by viruses in cultured cells...and all these studies yielded encouraging results.'**

#### Targeting of viral versus host mRNAs

Unfortunately, the targeting of viral mRNAs using RNAi might suffer from three significant disadvantages. First, viral genomes might not be freely accessible in the context of the nucleocapsid, although success in targeting early steps of the HIV life cycle suggest that this might not be as problematic as had been anticipated [15]. Second, individual isolates of many viruses contain sequence variations that could complicate the design of inhibitory



**Fig. 2.** Strategies for targeting viruses in mammalian cells. The lifecycle of the HIV virus: (a) infection of a cell expressing the CD4 receptor, (b) release of single-stranded RNA (ssRNA), (c) reverse transcription to double-stranded DNA (dsDNA), (d) integration into the host genome, (e) transcription of viral genes, and (f) progeny-virus production and release. HIV infection and replication have been targeted by RNA interference (RNAi) using either short hairpin RNAs (shRNAs) transcribed *in vivo* from expression constructs, or chemically synthesized small interfering RNAs (siRNAs) (both red). RNAi has also been used to suppress CD4 expression in host cells (blue), thus preventing HIV entry and subsequent replication.

RNAs. Third, reverse transcriptases and RNA replicases are notoriously error-prone, increasing the likelihood of the emergence of mutant, resistant variants. An alternative approach is therefore to target host mRNAs whose protein products are essential for the viral life cycle. For example, Novina *et al.* used this method to suppress CD4 expression on host cells, thus preventing HIV entry and subsequent replication (Fig. 2) [17]. Variations on this approach might lend themselves to *ex vivo* manipulation of stem cells to create virus-resistant populations for autologous transplantation.

#### Conclusions

Several recent reports have provided proof-of-concept that RNAi can be used to intervene at multiple points in the virus life cycle. However, many questions need to be addressed, and many problems still need to be solved, before RNAi can realize its potential as an antiviral therapy. For example, all the experiments described

above were performed using cell-culture models. Although siRNAs and shRNAs have been shown to function in adult mammals [13,14], as with all nucleic-acid-based therapies, efficient delivery *in vivo* remains the most significant hurdle.

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